



13TH MIDDLE EAST PEDIATRIC ORTHOPEDIC CONFERENCE & 5TH KHAREEF DHOFAR MILITARY ORTHOPEDIC CONFERENCE

9-11 SEPTEMBER 2026 | SALALAH, SULTANATE OF OMAN



ADULT PROGRAM

10 SEPTEMBER 2026

Time	Lecture / Activity	Speaker
08:00 – 08:30	Registration	
08:30 – 08:40	Opening Remarks & Learning Objectives	
	SESSION 1 : ADULT HIP PATHOLOGY	
08:40 – 09:00	Keynote Lecture Modern Concepts in Adult Hip Pathology	Dr. Abdullah Al-Zahrani
09:00 – 09:30	Panel Discussion Young Adult Hip Pain (FAI, dysplasia, labral tears)	Dr. Sultan Al-Maskari
09:30 – 10:00	Panel Discussion Preserve vs Replace the Hip	Dr. Jatinder
10:00 – 10:15	Coffee Break	
	SESSION 2: HIP ARTHROPLASTY	
10:15 – 10:40	Keynote Lecture Primary Total Hip Arthroplasty: Trends & Outcomes	Dr. Sultan Al-Maskari
10:40 – 11:15	Debate Cemented vs Cementless Fixation	Dr. Mohammed Ali/ D Dr. Ahmed AL-Ghamdi
11:15 – 12:00	Panel Discussion Complex Primary THA Cases	Dr. Ahmed Al-Rashadi
12:00 – 12:45	Panel Discussion Complications in THA	Dr. Abdullah Al-Zahrani
12:45 – 14:30	Lunch Break and Prayer	
	SESSION 3: HIP FRACTURES	
14:30 – 14:50	Keynote Lecture Management of Hip Fractures in Elderly	Dr. Jatinder
14:50 – 15:30	Case-Based discussion: Non-invasive treatment of hip fracture	Prof Gamal Hosny
15:30 – 16:00	Panel Discussion Fragility Fractures & Prevention	Dr. Mohammed Mutani

16:00 – 16:15	Coffee Break	
	SESSION 4: ADVANCED TOPICS	
16:15 - 16:45	Debate Anterior vs Posterior Approach in THA	Dr. Mohammed Ali
16:45 - 17:30	Panel Discussion Revision Hip Arthroplasty	Dr. Mohammed Mutani