



**13<sup>TH</sup> MIDDLE EAST PEDIATRIC  
ORTHOPEDIC CONFERENCE  
&  
5<sup>TH</sup> KHAREEF DHOFAR MILITARY  
ORTHOPEDIC CONFERENCE**

9-11 SEPTEMBER 2026 | SALALAH, SULTANATE OF OMAN



## PRE - CONFERENCE WORKSHOP

**DAY 1 : 9 SEPTEMBER 2026**

| Theme: Pelvic Osteotomy for Developmental Dysplasia of the Hip (DDH) |                                                             |                                            |
|----------------------------------------------------------------------|-------------------------------------------------------------|--------------------------------------------|
| Time                                                                 | Lecture / Activity                                          | Speaker                                    |
| 08:00 – 08:30                                                        | Registration                                                |                                            |
| 08:30 – 08:45                                                        | Opening Remarks & Learning Objectives                       | Yaqoub Al Mufargi                          |
|                                                                      | <b>Moderators</b>                                           | <b>Saleh Al Saifi<br/>Abdullah Al Ajmi</b> |
| 08:45 – 09:00                                                        | Radiological Evaluation                                     | Muhammad Al Kinani                         |
| 09:00 – 09:15                                                        | Indications of Pelvic Osteotomy                             | Thamer Al Husainan                         |
| 09:15 – 09:30                                                        | Salter, Pemberton & Dega Osteotomies – Technique Comparison | Abdullah Bin Saleh                         |
| 09:30 – 09:45                                                        | Tripe Pelvic Osteotomy                                      | Mamoun Kremli                              |
| 09:45 – 10:00                                                        | Q & A                                                       |                                            |
| 10:00 – 10:30                                                        | Coffee Break                                                |                                            |
| 10:30 – 10:45                                                        | Ganz Osteotomy                                              | Ahmed Al Ghamdi                            |
| 10:45 – 11:00                                                        | Complications, Pitfalls & How to Avoid Them                 | Talal Ibrahim                              |
| 11:00 – 11:15                                                        | Combined Femoral and Pelvic Procedures                      | Ibrar Majid                                |
| 11:15 – 11:30                                                        | Q & A                                                       |                                            |
| 11:30 – 12:30                                                        | Case-Based Discussion & Panel Q&A                           | Deborah Eastwood                           |
| 12:30 – 13:30                                                        | Lunch                                                       |                                            |
| 13:30 – 14:30                                                        | Salter, Dega, Pemberton, Triple (Hands on workshop)         |                                            |
| 14:30 – 15:00                                                        | Coffee Break                                                |                                            |

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| 15:00 – 15:45 | Ganz Workshop                                                                                                        |  |
| 15:45 – 16:30 | Proximal Femoral Workshop<br>- OrthoPediatrics Locking Cannulated Blade<br>- Orthofix Proximal femoral locking plate |  |
| 16:30 – 17:30 | MEPOS Board Meeting                                                                                                  |  |
| 17:30 - 19:00 | Hexapod - Hands on Workshop<br>- OrthoPediatrics Orthex Small Bone<br>- Orthofix TL Hex                              |  |

## DAY 2 : 10 SEPTEMBER 2026

|               |                                                                      |                                                 |
|---------------|----------------------------------------------------------------------|-------------------------------------------------|
|               | <b>Theme: Hip Disorders in Children</b>                              |                                                 |
| <b>Time</b>   | <b>Lecture / Activity</b>                                            | <b>Speaker</b>                                  |
| 08:00 – 08:30 | Registration                                                         |                                                 |
| 08:30 – 08:45 | Opening Remarks                                                      | Yaqoub Al Mufargi                               |
| 08:45 – 09:10 | Keynote: Current Concepts in Pediatric Hip Disorders                 | Deborah Eastwood                                |
|               | <b>Session : DDH</b>                                                 |                                                 |
|               | <b>Moderators</b>                                                    | <b>Sattar Al Shuradidah<br/>Mohammad Khalid</b> |
| 09:10 – 09:25 | DDH Management: Guidelines                                           | Deborah Eastwood                                |
| 09:25 – 09:40 | DDH: Age limit for open reduction?                                   | Mamoun Kremli                                   |
| 09:40 – 10:55 | Complications & pitfall; how to avoid them                           | Ayman Jawadi                                    |
| 09:55 – 10:15 | Non-arthroplasty for severe hip problem for children and adolescents | Gamal Hosny                                     |
| 10:15 – 10:30 | Q & A                                                                |                                                 |
| 10:30 – 11:00 | Coffee Break                                                         |                                                 |
| 11:00 – 12:15 | DDH Case-based discussion                                            | Deborah Eastwood                                |

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| 12:15 – 13:30 | Lunch                                      |                                                                  |
| 12:30 - 13:00 | Lunch Industry Symposium : Smith + Nephew  |                                                                  |
| 13:30 – 14:30 | Free papers A & B (parallel sessions)      | Amna Baljoun<br>Walid Ibrahim<br>Muhammad Kenawi<br>Tariq Sheikh |
|               | <b>Session : Other Hip Disorders</b>       |                                                                  |
|               | <b>Moderators</b>                          | <b>Iftikhar Mukhtar</b><br><b>Masoud Al Abdali</b>               |
| 14:30 – 14:45 | Perthes Disease: evidence-based management | Talal Ibrahim                                                    |
| 14:45 – 15:00 | SCFE: update on management                 | Deborah Eastwood                                                 |
| 15:00 – 15:15 | CP Hip: Surveillance & management          | Talal Ibrahim                                                    |
| 15:15 – 15:30 | Q & A                                      |                                                                  |
| 15:30 – 16:30 | Other Hip disorders Case-based discussion  | Mamoun Kremli                                                    |
| 16:30 – 17:30 | MEPOS Annual General Assembly              |                                                                  |
| 19:00 – 21:00 | Opening Ceremony                           | Guest of Honour                                                  |

### DAY 3 : 11 SEPTEMBER 2026

|               |                                                           |                                                |
|---------------|-----------------------------------------------------------|------------------------------------------------|
|               | <b>Theme: Hip Disorders in Children</b>                   |                                                |
| <b>Time</b>   | <b>Lecture / Activity</b>                                 | <b>Speaker</b>                                 |
| 08:00 – 08:30 | Registration                                              |                                                |
| 08:30 – 09:00 | Keynote: Current Concepts in Hip Preservation Surgery     | Abdullah Al Zahrani                            |
|               | <b>Moderators</b>                                         | <b>Lass Kahorsheed</b><br><b>Walid Ibrahim</b> |
| 09:00 – 09:15 | Femoro-acetabular Impingement in Children and Adolescents | Abdullah Al Zahrani                            |
| 09:15 – 10:00 | Case-based discussion                                     | Ahmed Al Ghamdi                                |

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|-------------------------|-----------------------------------------------------------------|-------------------------------------------------|
| 10:00 – 10:30           | Coffee break                                                    |                                                 |
|                         | <b>Session : Trauma</b>                                         |                                                 |
|                         | <b>Moderators</b>                                               | <b>Masoud Al Abdali<br/>Simone Obaid Yaseen</b> |
| 10:30 – 10:45           | Physeal injuries & growth arrest                                | Wafa Al Baluki                                  |
| 10:45 – 11:00           | Polytrauma & open fractures                                     | Yasser Al Khulaifi                              |
| 11:00 – 12:00           | Q & A and case-based discussion                                 | Iftikhar Mukhtar                                |
| 12:00 – 13:30           | Friday Prayer & Lunch Break                                     |                                                 |
|                         | <b>Moderators</b>                                               | <b>Ibrahim Khoshhal<br/>Muhammad Abdual</b>     |
| 13:30 – 14:30           | Free papers A & B (parallel sessions)                           | Muhammad Kennawi<br>Farhan Ali                  |
| <b>Parallel Session</b> | <b>Theme : Pediatric Spine</b>                                  |                                                 |
|                         | <b>Moderators</b>                                               | <b>Zaid Al Ubaidi<br/>Ahmed Al Shukaili</b>     |
| 14:30 – 14:45           | Early Onset Scoliosis: Current treatment algorithm              | Zaid Al Ubaidi                                  |
| 14:45 – 15:00           | Neuromuscular Scoliosis: When is surgery too early or too late? | Abdul Rahman Al Subhi                           |
| 15:00 – 15:15           | Technology in Pediatric spine surgery                           | Abdul Rahman Al Subhi                           |
| 15:15 – 16:00           | Q & A, Case-Based Discussion                                    | Zaid Al Ubaidi                                  |
| <b>Parallel Session</b> | <b>Theme : Limb Deformity</b>                                   |                                                 |
|                         | <b>Moderators</b>                                               | <b>Muhammad Al Anizi<br/>Christinia</b>         |
| 14:30 – 14:45           | Evaluation & Planning of Limb Deformity                         | Fahad Al Huzaimi                                |
| 14:45 – 15:00           | Guided Growth: Indications, Timing & Pitfalls                   | Farhan Ali                                      |
| 15:00 – 15:15           | Limb length discrepancy: Management techniques                  | Yasser Elbatrawi                                |
| 15:15 – 16:00           | Q & A, Case-Based Discussion                                    | Gamal Hosny                                     |
| 16:00 – 16:30           | Travelling fellows, prizes, MEPOS 2027                          |                                                 |
| 16:30 – 16:45           | Closing Remarks                                                 | Yaqoub Al Mufargi                               |