

13TH MIDDLE EAST PEDIATRIC ORTHOPEDIC CONFERENCE & 5TH KHAREEF DHOFAR MILITARY ORTHOPEDIC CONFERENCE

9–11 SEPTEMBER 2026 | SALALAH, SULTANATE OF OMAN

Venue: Al Basateen 1 & 2, Lobby Level, Millennium Resort, Salalah, Sultanate of Oman

FULL SCIENTIFIC PROGRAM

PRE-CONFERENCE WORKSHOPS — DAY 1: 9 SEPTEMBER 2026

TRACK A — GAIT ANALYSIS WORKSHOP

Venue: Al Basateen 1, Lobby Level

08:00 – 08:30	Registration	
08:30 – 08:45	Welcome and Introduction	Sattar Alshryda
08:45 – 09:00	What is 3D/4D Gait Analysis?	Jennifer Walsh
09:00 – 09:15	What are the Kinematics of the Lower Limbs?	Mohamed Kenawey
09:15 – 09:30	What are the Kinetics of the Lower Limbs?	Sattar Alshryda
09:30 – 09:45	Electromyography	Mohamed Kenawey
09:45 – 10:00	Gait Analysis Patterns in Hemiplegic Cerebral Palsy and Diplegic Cerebral Palsy	Ibrar Majid
10:00 – 10:15	Coffee Break	
10:15 – 10:45	Putting the Above Together	All Faculty

TRACK B — PELVIC OSTEOTOMY WORKSHOP

Venue: Al Basateen 2, Lobby Level

Theme: Pelvic Osteotomy for Developmental Dysplasia of the Hip (DDH)

08:00 – 08:30	Registration	
08:30 – 08:45	Opening Remarks & Learning Objectives	Yaqoub Al Mufargi
	Moderators	Saleh Al Saifi Abdullah Al Ajmi
08:45 – 09:00	Radiological Evaluation	Muhammad Al Kinani
09:00 – 09:15	Indications of Pelvic Osteotomy	Thamer Al Husainan
09:15 – 09:30	Salter, Pemberton & Dega Osteotomies – Technique Comparison	Abdullah Bin Saleh

10:45 – 11:15	Case Study – A Patient with CP Using an AFO	Manal Haidar Al Lawati
11:15 – 12:30	Live Demo	Qualisys and Vicon

09:30 – 09:45	Triple Pelvic Osteotomy	Mamoun Kremli
09:45 – 10:00	Q & A	
10:00 – 10:30	Coffee Break	
10:30 – 10:45	Ganz Osteotomy	Ahmed Al Ghamdi
10:45 – 11:00	Complications, Pitfalls & How to Avoid Them	Sattar Alshryda
11:00 – 11:15	Combined Femoral and Pelvic Procedures	Ibrar Majid
11:15 – 11:30	Q & A	
11:30 – 12:30	Case-Based Discussion & Panel Q&A	Deborah Eastwood
12:30 – 13:30	Lunch	

TRACK B CONTINUES — AFTERNOON / EVENING

Venue: Al Basateen 2, Lobby Level

13:30 – 14:30	Salter, Dega, Pemberton, Triple (Hands-on Workshop)	
14:30 – 14:45	Coffee Break	
14:45 – 15:30	Ganz Workshop	
15:30 – 16:30	Proximal Femoral Workshop – OrthoPediatrics Locking Cannulated Blade – Orthofix Proximal Femoral Locking Plate	
16:30 – 17:30	MEPOS Board Meeting	
17:30 – 19:00	Hexapod – Hands-on Workshop – OrthoPediatrics Orthex Small Bone – Orthofix TL Hex	

DAY 2: 10 SEPTEMBER 2026

TRACK A — MAIN PEDIATRIC PROGRAM

Venue: Al Basateen 1, Lobby Level

Theme: Hip Disorders in Children

08:00 – 08:30	Registration	
08:30 – 08:45	Opening Remarks	Yaqoub Al Mufargi
08:45 – 09:10	Keynote: Current Concepts in Pediatric Hip Disorders	Deborah Eastwood
	Session: DDH	
	Moderators	Sattar Alshryda Mohammad Khalid
09:10 – 09:25	DDH Management: Guidelines	Deborah Eastwood
09:25 – 09:40	DDH: Age Limit for Open Reduction?	Mamoun Kremli
09:40 – 09:55	Complications & Pitfalls; How to Avoid Them	Ayman Jawadi
09:55 – 10:15	Non-Arthroplasty for Severe Hip Problems in Children and Adolescents	Gamal Hosny
10:15 – 10:30	Q & A	
10:30 – 11:00	Coffee Break & Poster Presentation	
11:00 – 12:15	DDH Case-Based Discussion	Deborah Eastwood
12:15 – 13:30	Lunch & Industry Symposium	

TRACK B — ADULT PROGRAM

Venue: Al Basateen 2, Lobby Level

08:00 – 08:30	Registration	
08:30 – 08:40	Opening Remarks & Learning Objectives	
	Session 1: Adult Hip Pathology	
08:40 – 09:00	Keynote: Modern Concepts in Adult Hip Pathology	Abdullah Al-Zahrani
09:00 – 09:30	Panel: Young Adult Hip Pain (FAI, Dysplasia, Labral Tears)	Sultan Al-Maskari
09:30 – 10:00	Panel: Preserve vs Replace the Hip	Jatinder
10:00 – 10:15	Coffee Break	
	Session 2: Hip Arthroplasty	
10:15 – 10:40	Keynote: Primary Total Hip Arthroplasty: Trends & Outcomes	Sultan Al-Maskari
10:40 – 11:15	Debate: Cemented vs Cementless Fixation	Mohammed Ali
11:15 – 12:00	Panel: Complex Primary THA Cases	Ahmed Al-Rashadi
12:00 – 12:45	Panel: Complications in THA	Abdullah Al-Zahrani
12:45 – 14:30	Lunch Break and Prayer	
	Session 3: Hip Fractures	
13:30 – 14:30	Free Papers B (parallel sessions)	Mohamed Kenawey Tariq Sheikh

12:30 – 12:50	Smith + Nephew “The Power of Software”	Saleh Alsaifi
13:30 – 14:30	Free Papers A (parallel sessions)	Amna Baljoun Walid Ibrahim
	Session: Other Hip Disorders	
	Moderators	Iftikhar Mukhtar Masoud Al Abdali
14:30 – 14:45	Perthes Disease: Evidence-Based Management	Mohamed Kenawey
14:45 – 15:00	SCFE: Update on Management	Deborah Eastwood
15:00 – 15:15	CP Hip: Surveillance & Management	Mohamed Kenawey
15:15 – 15:30	Q & A	
15:30 – 16:30	Other Hip Disorders – Case-Based Discussion	Mamoun Kremli
16:30 – 17:30	MEPOS Annual General Assembly	
19:00 – 21:00	Opening Ceremony	
	Guest of Honour	
	HE Engineer Uday bin Hilal bin Nasser Al Maawali Head of the Medical City for Military and Security Services	
19:00 – 19:10	Holy Quran	
19:10 – 19:20	Welcome Speech	Ahmed Al Rashdi
19:20 – 19:50	Keynote 1: From Global Health Leadership to National Transformation: Vision, Experience, and the Road Ahead	HE Ahmed Al-Mandhari

14:30 – 14:50	Keynote: Management of Hip Fractures in the Elderly	Jatinder
14:50 – 15:30	Case-Based Discussion: Non-Invasive Treatment of Hip Fracture	Prof. Gamal Hosny
15:30 – 16:00	Panel: Fragility Fractures & Prevention	Mohammed Mutani
16:00 – 16:15	Coffee Break	
	Session 4: Advanced Topics	
16:15 – 16:45	Debate: Anterior vs Posterior Approach in THA	Mohammed Ali
16:45 – 17:30	Panel: Revision Hip Arthroplasty	Mohammed Mutani

19:50 – 20:20	Keynote 2: Modern Trauma Care in Military and Civilian Settings: Challenges and Future Directions	Hani Al-Qadi
20:20 – 20:40	Keynote 3: DDH Care: History and Development at MCMSD	Yaqoob Al Mufargi
20:40 Onwards	Dinner	

DAY 3: 11 SEPTEMBER 2026

TRACK A — Hip Disorders in Children

Venue: Al Basateen 1, Lobby Level

08:00 – 08:30	Registration	
08:30 – 09:00	Keynote: Current Concepts in Hip Preservation Surgery	Abdullah Al Zahrani
	Moderators	Las Hwaizi Walid Ibrahim
09:00 – 09:15	Femoro-Acetabular Impingement in Children and Adolescents	Abdullah Al Zahrani
09:15 – 10:00	Case-Based Discussion	Ahmed Al Ghamdi
10:00 – 10:30	Coffee Break & Poster Presentation	
	Session: Trauma	
	Moderators	Masoud Al Abdali Ebeed Yasin
10:30 – 10:45	Physeal Injuries & Growth Arrest	Wafa Al Baluki
10:45 – 11:00	Polytrauma & Open Fractures	Yasser Al Khulaifi
11:00 – 12:00	Q & A and Case-Based Discussion	Iftikhar Mukhtar
12:00 – 13:30	Friday Prayer & Lunch Break	
	Moderators	Khalid Khoshhal Mohamed Abdelaal

13:30 – 16:00 — PARALLEL AFTERNOON SESSIONS

TRACK A — PEDIATRIC SPINE

Venue: Al Basateen 1, Lobby Level

13:30 – 14:30	Free Papers A	Mohamed Kenawey
	Theme: Pediatric Spine	
	Moderators	Zaid Al Ubaidi Ahmed Al Shukaili
14:30 – 14:45	Early Onset Scoliosis: Current Treatment Algorithm	Zaid Al Ubaidi
14:45 – 15:00	Neuromuscular Scoliosis: When is Surgery Too Early or Too Late?	Abdul Rahman Al Subhi
15:00 – 15:15	Technology in Pediatric Spine Surgery	Abdul Rahman Al Subhi
15:15 – 16:00	Q & A, Case-Based Discussion	Zaid Al Ubaidi

CLOSING CEREMONY

Venue: Al Basateen 1, Lobby Level

16:00 – 16:30	Travelling Fellows, Prizes, MEPOS 2027	
16:30 – 16:45	Closing Remarks	Yaqoub Al Mufargi

TRACK B — LIMB DEFORMITY

Venue: Al Basateen 2, Lobby Level

13:30 – 14:30	Free Papers B	Farhan Ali
	Theme: Limb Deformity	
	Moderators	Muhammad Al Anizi
14:30 – 14:45	Evaluation & Planning of Limb Deformity	Fahad Al Huzaimi
14:45 – 15:00	Guided Growth: Indications, Timing & Pitfalls	Farhan Ali
15:00 – 15:15	Limb Length Discrepancy: Management Techniques	Yasser Elbatrawy
15:15 – 16:00	Q & A, Case-Based Discussion	Gamal Hosny