



13TH MIDDLE EAST PEDIATRIC ORTHOPEDIC CONFERENCE & 5TH KHAREEF DHOFAR MILITARY ORTHOPEDIC CONFERENCE



9-11 SEPTEMBER 2026 | SALALAH, SULTANATE OF OMAN

PRE - CONFERENCE WORKSHOP

DAY 1 : 9 SEPTEMBER 2026

Theme: Pelvic Osteotomy for Developmental Dysplasia of the Hip (DDH)	
Time	Lecture / Activity
08:00 – 08:30	Registration
08:30 – 08:45	Opening Remarks & Learning Objectives
08:45 – 09:00	Radiological Evaluation
09:00 – 09:15	Indications of Pelvic Osteotomy
09:15 – 09:30	Salter, Pemberton & Dega Osteotomies – Technique Comparison
09:30 – 09:45	Tripe Pelvic Osteotomy
09:45 – 10:00	Q & A
10:00 – 10:30	Coffee Break
10:30 – 10:45	Ganz Osteotomy
10:45 – 11:00	Complications, Pitfalls & How to Avoid Them
11:00 – 11:15	Combined Femoral and Pelvic Procedures
11:15 – 11:30	Q & A
11:30 – 12:30	Case-Based Discussion & Panel Q&A
12:30 – 13:30	Lunch
13:30 – 14:30	Salter, Dega, Pemberton, Triple (Hands on workshop)
14:30 – 15:00	Coffee Break
15:00 – 16:00	Ganz (Hands on workshop)
16:00 – 17:00	MEPOS board meeting

DAY 2 : 10 SEPTEMBER 2026

	Theme: Hip Disorders in Children
Time	Lecture / Activity
08:00 – 08:30	Registration
08:30 – 08:45	Opening Remarks
08:45 – 09:10	Keynote: Current Concepts in Pediatric Hip Disorders
09:10 – 09:25	DDH management: guidelines
09:25 – 09:40	DDH: Age limit for open reduction?
09:40 – 10:55	Complications & pitfall; how to avoid them
09:55 – 10:15	Non-arthroplasty for severe hip problem for children and adolescents
10:15 – 10:30	Q & A
10:30 – 11:00	Coffee Break
11:00 – 12:15	DDH Case-based discussion
12:15 – 13:30	Lunch & Industry Exhibition
13:30 – 14:30	Free papers A & B (parallel sessions)
14:30 – 14:45	Perthes Disease: evidence-based management
14:45 – 15:00	SCFE: update on management
15:00 – 15:15	CP Hip: Surveillance & management
15:15 – 15:30	Q & A
15:30 – 16:30	Other Hip disorders Case-based discussion
16:30 – 17:30	MEPOS Annual General Assembly
19:00 – 21:00	Opening Ceremony

DAY 3 : 11 SEPTEMBER 2026

Theme: Hip Disorders in Children	
Time	Lecture / Activity
08:00 – 08:30	Registration
08:30 – 09:00	Keynote: Current Concepts in Hip Preservation Surgery
09:00 – 09:15	Femoro-acetabular Impingement in Children and Adolescents
09:15 – 10:00	Case-based discussion
10:00 – 10:30	Coffee break
10:30 – 10:45	Physeal injuries & growth arrest
10:45 – 11:00	Polytrauma & open fractures
11:00 – 12:00	Q & A and case-based discussion
12:00 – 13:30	Friday Prayer & Lunch Break
13:30 – 14:30	Free papers A & B (parallel sessions)
Parallel sessions Theme : Pediatric Spine	
14:30 – 14:45	Early Onset Scoliosis: current treatment algorithm
14:45 – 15:00	Neuromuscular Scoliosis: When is surgery too early or too late?
15:00 – 15:15	Technology in Pediatric spine surgery
15:15 – 16:00	Q & A, Case-Based Discussion
16:00 – 16:30	Travelling fellows, prizes, MEPOS 2027
16:30 – 16:45	Closing Remarks