



13TH MIDDLE EAST PEDIATRIC ORTHOPEDIC CONFERENCE & 5TH KHAREEF DHOFAR MILITARY ORTHOPEDIC CONFERENCE



9-11 SEPTEMBER 2026 | SALALAH, SULTANATE OF OMAN

PRE - CONFERENCE WORKSHOP

DAY 1 : 9 SEPTEMBER 2026

Theme: Pelvic Osteotomy for Developmental Dysplasia of the Hip (DDH)		
Time	Lecture / Activity	Speaker
08:00 – 08:30	Registration	
08:30 – 08:45	Opening Remarks & Learning Objectives	Yaqoub Al Mufargi
	Moderators	Saleh Al Saifi Abdullah Al Ajmi
08:45 – 09:00	Radiological Evaluation	Muhammad Al Kinani
09:00 – 09:15	Indications of Pelvic Osteotomy	Thamer Al Husainan
09:15 – 09:30	Salter, Pemberton & Dega Osteotomies – Technique Comparison	Abdullah Bin Saleh
09:30 – 09:45	Tripe Pelvic Osteotomy	Mamoun Kremli
09:45 – 10:00	Q & A	
10:00 – 10:30	Coffee Break	
10:30 – 10:45	Ganz Osteotomy	Ahmed Al Ghamdi
10:45 – 11:00	Complications, Pitfalls & How to Avoid Them	Talal Ibrahim
11:00 – 11:15	Combined Femoral and Pelvic Procedures	Ibrar Majid
11:15 – 11:30	Q & A	
11:30 – 12:30	Case-Based Discussion & Panel Q&A	Deborah Eastwood
12:30 – 13:30	Lunch	
13:30 – 14:30	Salter, Dega, Pemberton, Triple (Hands on workshop)	

14:30 – 15:00	Coffee Break	
15:00 – 15:45	Ganz Workshop	
15:45 – 16:30	Proximal Femoral Workshop - OrthoPediatics Locking Cannulated Blade - Orthofix Proximal femoral locking plate	
16:30 – 17:30	MEPOS Board Meeting	
17:30 - 19:00	Hexapod - Hands on Workshop - OrthoPediatics Orthex Small Bone - Orthofix TL Hex	

DAY 2 : 10 SEPTEMBER 2026

	Theme: Hip Disorders in Children	
Time	Lecture / Activity	Speaker
08:00 – 08:30	Registration	
08:30 – 08:45	Opening Remarks	Yaqoub Al Mufargi
08:45 – 09:10	Keynote: Current Concepts in Pediatric Hip Disorders	Deborah Eastwood
	Moderators	Sattar Al Shuradidah Mohammad Khalid
09:10 – 09:25	DDH Management: Guidelines	Deborah Eastwood
09:25 – 09:40	DDH: Age limit for open reduction?	Mamoun Kremli
09:40 – 10:55	Complications & pitfall; how to avoid them	Ayman Jawadi
09:55 – 10:15	Non-arthroplasty for severe hip problem for children and adolescents	Gamal Hosny
10:15 – 10:30	Q & A	
10:30 – 11:00	Coffee Break	
11:00 – 12:15	DDH Case-based discussion	Deborah Eastwood

12:15 – 13:30	Lunch	
12:30 - 13:00	Lunch Industry Symposium : Smith + Nephew	
13:30 – 14:30	Free papers A & B (parallel sessions)	Amna Baljoun Walid Ibrahim Muhammad Kenawi Tariq Sheikh
	Moderators	Iftikhar Mukhtar Masoud Al Abdali
14:30 – 14:45	Perthes Disease: evidence-based management	Talal Ibrahim
14:45 – 15:00	SCFE: update on management	Deborah Eastwood
15:00 – 15:15	CP Hip: Surveillance & management	Erich Rutz
15:15 – 15:30	Q & A	
15:30 – 16:30	Other Hip disorders Case-based discussion	Erich Rutz
16:30 – 17:30	MEPOS Annual General Assembly	
19:00 – 21:00	Opening Ceremony	

DAY 3 : 11 SEPTEMBER 2026

Theme: Hip Disorders in Children

Time	Lecture / Activity	Speaker
08:00 – 08:30	Registration	
08:30 – 09:00	Keynote: Current Concepts in Hip Preservation Surgery	Abdullah Al Zahrani
	Moderators	Lass Kahorsheed Walid Ibrahim
09:00 – 09:15	Femoro-acetabular Impingement in Children and Adolescents	Abdullah Al Zahrani
09:15 – 10:00	Case-based discussion	Ahmed Al Ghamdi
10:00 – 10:30	Coffee break	
	Moderators	Masoud Al Abdali Simone Obaid Yaseen
10:30 – 10:45	Physeal injuries & growth arrest	Wafa Al Baluki
10:45 – 11:00	Polytrauma & open fractures	Yasser Al Khulaifi
11:00 – 12:00	Q & A and case-based discussion	Iftikhar Mukhtar
12:00 – 13:30	Friday Prayer & Lunch Break	
	Moderators	Ibrahim Khoshhal Muhammad Abduaal
13:30 – 14:30	Free papers A & B (parallel sessions)	Muhammad Kennawi Farhan Ali
Parallel Session	Theme : Pediatric Spine	
	Moderators	Marc Sinclair Ahmed Al Shukaili
14:30 – 14:45	Early Onset Scoliosis: current treatment algorithm	Zaid Al Ubaidi
14:45 – 15:00	Neuromuscular Scoliosis: When is surgery too early or too late?	Abdul Rahman Al Subhi
15:00 – 15:15	Technology in Pediatric spine surgery	Abdul Rahman Al Subhi
15:15 – 16:00	Q & A, Case-Based Discussion	Zaid Al Ubaidi
Parallel Session	Theme : Limb Deformity	
	Moderators	Muhammad Al Anizi Christinia

14:30 – 14:45	Evaluation & Planning of Limb Deformity	Fahad Al Huzaimi
14:45 – 15:00	Guided Growth: Indications, Timing & Pitfalls	Farhan Ali
15:00 – 15:15	Limb length discrepancy: Management techniques	Yasser Elbatrawi
15:15 – 16:00	Q & A, Case-Based Discussion	Gamal Hosny
16:00 – 16:30	Travelling fellows, prizes, MEPOS 2027	
16:30 – 16:45	Closing Remarks	Yaqoub Al Mufargi